

Dr. Paul: [00:02](#) Hello, I'm Dr. Paul and this is my beautiful wife, Lynn. And today we're going to discuss urinary tract infections in women. And I'll let Lynn get started with the introduction.

Lynn: [00:19](#) Okay, well especially for you ladies, but urinary tract infections do happen with men also. But we have a new preparation that we call UTI, Vag relief. And this is urinary tract vaginal relief for women. And if you've ever had a urinary tract infection, well let me put it this way, if you've never had it lucky you because what happens is, I just went to the bathroom, it's 20 minutes later, I think I have to go again. And then maybe 30 minutes later I think I have to go again. But it gets to the point that there really isn't much being released, but you have a real urgency to go. Well that means that you've got some inflammation, some serious inflammation and some other things going on also. So I'd like have Paul talk about it just from the medical aspect that you used to treat. A lot of urinary tract infections in dogs.

Dr. Paul: [01:29](#) And we would see mostly urinary tract infections in female dogs. Rarely did we see it in male dogs. And so from that you have to think, well, it's probably due to the difference in anatomy. And in fact I think that is a primary factor. And also the way that the internal anatomy is structured in a woman is a little different than it is a man. The pressure from the vaginal walls and the rectum put pressure directly on the urethra from the bladder to the urinary outlet into vagina that causes a restricted urine flow. And any time the urine flow is restricted or slowed down, it gives bacteria a chance to grow. And that's what happens a lot of times in women.

Lynn: [02:48](#) Okay. And I'm just going to show a quick diagram here to let you see what we're talking about because it's really an issue with anatomy. And I hope you can see this somewhat, but right here the little blue tube is the urethra. The yellow balloon is the bladder. The, green shape here is the uterus. This is the bowel, and this is the spine. Now over along here you have the pelvic floor muscles. Now when this balloon right here impinges into the vaginal wall, it's, it's gonna push over here and you're going to get a distortion here. And so now you're going to have the possibility of having some of the urine pool into an area that can't drain. So maybe you're going to have an area that goes almost like this and, and if it's a little bit down Hill below the urethra, it's not going to drain up Hill to go out the urethra. So that's part of the physical problem. And another issue is when the vaginal walls are weakened, when they're not as strong as they might be in a young, healthy woman, then the bladder's going to lean into them and they're not going to have the integrity to hold up to it and keep the bladder over here in its

proper shape. So that just gives you an idea of what you have going on. And I'm going to show you one more, and this is, this is more like a cutaway. And right here you see the urethra, here's the bladder, here's the vaginal wall here. Now the other thing that happens, here's the rectum over here. And if you have constipation, that constipation is gonna push over here onto the vaginal walls. The vaginal walls are going to push over here onto the bladder or the urethra. And then you get more of that urgency feeling. So that's part of what's going on. And so let's see if there's some solutions for that. Do you want to show the Gans that you made? And I'll talk about What's in it.

Dr. Paul: [06:03](#) This is the product that we made, that we use for support for this situation. And you can see the Gans in the very bottom. It's a herbal combination. And this is the water up here that we use. So when we shake this up, you can see the fine, very fine, powdery Gans, the gas in atomic nano solid state that is floating in the water. It acts like a battery that charges the water and the water is what we use and we leave the Gans material in the jar to act as a battery for more water.

Lynn: [07:02](#) Okay, so a standard way of treating that you may have encountered if you ever had this situation it, you're probably going to be treated with antibiotics. Yes, and I don't know if they're going to be an anti inflammatory in that mix or mostly antibiotics,

Dr. Paul: [07:20](#) Usually not. Usually it's just antibiotics and which will get rid of the bacterial infection. But most of you who have had this problem in the past, oftentimes he gets to be a recurring infection and eventually antibiotics don't work nearly as well as they used to. And the problem is not strictly a bacterial infection, but the problem is an anatomical problem. A structural problem.

Lynn: [08:00](#) Okay. So some of the things that you can do to address this, if you've ever looked into it, Kegel exercises are very important and those are exercises where you're going to isolate some of those muscles that are going, the pelvic muscles and those muscles around the vaginal walls that are going to strengthen the vaginal wall so you don't have that impinging on the bladder or the urethra. Now it may take some time if you haven't done these before and when you look up Kegel, K E G E L exercises, what is really stressed is being consistent. That isn't once a week. It isn't three today and I skipped tomorrow and all I'll do four, five the next day. No, you've got to make a commitment to do this every day to get your body back into a stronger muscle supportive condition. So the Kegel exercises are very important.

Lynn: [09:13](#) Now, what we did, because of the issue of ongoing over and over antibiotics, and that they may also create other issues for the body we looked for herbs, homeopathics, vitamins, minerals, supplements that would support a, a healthier condition that will work to support your body so that you're not suffering constantly from the UTI and the urinary tract infections. So in this we have homeopathics and when you look at this online, you will see that there are quite a few. at least 20, if not more herbs such as Buku Uber, ursi, yarrow, lemon balm, oat straw, st John's ward echinacea per Perea and echinecea AugustaFollia. There are roots including the echinecea per Peria and the echinecea Augustafolia, licorice root, yarrow, comfrey root, yellow dock root, dandelion root, black cohosh, root and anise seed.

Lynn: [10:44](#) There's fruits including bilberry, cranberry, Lingonberry de mammos, goldenseed, beriberi. And there's other ingredients that are ginger root, Juniper Berry, marshmallow root, parsley leaf, uvaursi leaf, cramp bark, golden seal, ginger root, Juniper Berry, marshmallow root. Some of these are repeats. Methamean, sodium solicolate and some more longer names. There's 60 minerals including calcium, magnesium, selenium, copper and zinc. They're 16 vitamins, including C and D. There's 12 amino acids, there's three essential fatty acids. And then there's also the plasma energy waters of other Gans we've done such as [C60 inflammation relief, CuO2, B9 salts, amino acids, hemoglobin, CO2 and CH3. So this is a real comprehensive group of energies that's meant to support your body once you get back on the track of, of paying attention to what's been going on that got you into that situation. And the other thing that you want to address, if you're carrying a lot of extra weight, that weight from the belly is pressing in on everything that we've just talked about.

Lynn: [12:25](#) So that's still another stress on the organs that aren't functioning the way they did when you were younger. So take good care of yourselves and if you see something that's a recurring problem, figure out how you're going to address that. The long term use of certain medications over and over and over may bring some other issues to your body that then give you more to deal with. And again, I'll stress the Kegel exercises. Now tell us how to access these Kegel exercises. You know what you can just go online. There's, there's lots of articles, there's lots of videos. If you'll go in on YouTube, there's videos to show you how to do it. And so I would encourage you, how do you spell kagel? It is K. E. G. E. L. And they, they can be found just by searching for Kegel exercises?

Lynn:

[13:40](#)

Yes, they can. Most definitely. Now when you order the UTI Vag relief, if the weather's nice and warm and we're delivering warm door to warm door, you're going to get it in a vial and it'll be the water that comes from the jar that Paul showed you of the plasma energy. Gans water, if it's wintertime, glass vials if they are left out in our sometimes 15 below weather in the delivery process. And that's 15 below Fahrenheit. Then we sometimes will have freezing and breaking of the glass vials so in the winter time you're going to get a BPA free plastic, vial and we know when these freeze they do not break. We tested it, they pass the test. If you're outside of the country, what you're going to get is our pads that have been soaked with the plasma energy water and with the UTI Vag water and you're going to get a pair of pads that you're simply going to put on the outside of a jar and I'll show you how you do that.

Lynn:

[15:05](#)

You can just do it like this and you can tape them on. You can rubber band them on, you can tie them on. If you have an odd shaped jar and these pads are too big, you can fold them in half. Now if you fold them in half and you decide you want to share some with what someone and you want to cut it in half and give them one set and you keep one set, all you have to do is seal everything shut very, very well. These are plastic bags just like this. Then I cut the zippers off because these are a nice weight. And then I completely cover everything with clear plastic packing tape. So these are completely dry. We never send them out with any moisture in them because they can mold if they are damp and we don't want that to happen. And we have some pads that I made a couple of years ago that are still in use and they're just fine cause they were completely dry. So you can find all this@plasmaenergysolution.com and when you go to the home page, if you pick shop and click on that, you'll get products and you'll get the whole list of all the products we do. And as we're doing these videos, we put the videos up with the product that the video is addressing. So is there anything else you can think of, Paul?

Dr. Paul:

[16:47](#)

I think you've pretty well covered it all. The only thing that I wanted to do is say thank you for taking the time to watch this video. And if you feel like you've gotten any value from it at all, then give us a big thumbs up and share this with your friends. Subscribe so that you will get notification of upcoming videos. And again, thank you very much. We appreciate you taking the time to watch this video.