

Dr. Paul: [00:02](#) Hi, I'm Dr. Paul and this is my beautiful wife Lynn and today we're going to add a little bit to what we previously discussed on video about diabetes. So I'll let Lynn give an introduction here.

Lynn: [00:22](#) Okay. We did a three part series this week on diabetes and it's Dr. Paul's personal story, but it's a personal story and a national disaster. There are millions of people diagnosed with diabetes and millions more who are un-diagnosed but have many of the symptoms of diabetes. So what we've done is we've put together a diabetic support package with our plasma energy station and some additional products. Now if you've looked at our website, you've noticed that we have what we call the basic preparedness medium kit. And what that is, we've, we've taken a package where you can get any vials that you want and we've given a group price on that eight vials and we don't care if you have ordered the most expensive vials on that package. Well, what we're going to do is put that package together for diabetic support. And so what we have in that package is, and I'm going to give you the list of it, if you don't have a plasma energy station yet, that would be included in one version. The version one of the package.

Lynn: [01:52](#) Also in the package we have the plasma energy with vials of clear mind, clean mouth, eczema relief, eye formula, detox, healthy gut, pain relief and parasite relief. And we'll cover each one of these, but I'll let you know that the whole grouping of package one comes to a total of \$853 and what we've done is priced it at 657 so there's \$196 savings. Package two is the same thing without the plasma energy station because we realized some of you probably already have a plasma energy station with that version of the vials that we've already listed comes to \$616 but the package is priced at 427 giving you \$189 savings. Now let's get to what we hope that this will help people with who are trying to support their body when they have a diabetic condition. Paul, let's talk about each one of these. So we'll just start at the head of the list and we've got, I'm sorry, I gave you the wrong list to look at. So we've started out with a clear mind and as a diabetic, would you like to just say why you would

Dr. Paul: [03:39](#) You progress with age and have diabetes and brain fog becomes more common. And I was noticing that several years ago, but since I've been using plasma energy it seems to me like the brain fog is gone. It's just my thinking is more clear and more rapid. If you give it to a point with age and with diabetes because of the, the constriction of the blood flow to the brain your thinking is slowed down and you know you have the answers in your head, but you just can't bring them up right

away. It takes a while to get there. But with using the plasma energy as I have for the last two, three years, that doesn't seem to be a problem anymore.

Dr. Paul: [04:51](#) That's just personal experience. There's no research on it. There are no documented studies. That's only my personal experience.

Lynn: [05:06](#) Okay. So then our second ingredient that we have that we would send is clean mouth and there's a lot of, issues as far as blood supply, nerve supply when you have diabetes. So how is clean mouth going to be helpful?

Dr. Paul: [05:28](#) Clean mouth for some reason helps blood circulation in your gums because last time I was at the dentist, it's probably been six months ago, the, a hygienist said, wow, your gums really look nice. What are you doing to keep your gums so in such good shape? They're not receded at all. All I said was, well, I just brushed my teeth regularly, because I didn't want to get into a long discussion with the hygienist about plasma energy. It's not something they want to hear about and it's not something that they're interested in.

Lynn: [06:23](#) Okay. And just on a personal note for myself, at one point I had a fistula in the gum and when they saw it, I was there for a regular routine cleaning. They said, Oh, you've got a problem here. We're going to have to schedule an appointment. We're going to have to do a root canal, you know, and, and take care of this issue. Well, I didn't make the appointment and I came home and just use the clean mouth really vigorously. I made a little cotton swab, a cotton roll and put on that condition and it went away. So when I went to the next appointment, they kept looking at my chart and looking at my mouth and they said, you never came in for an appointment. And I said, no, I didn't. I just left it at that. So there are a couple of things that have been our experience with the clean mouth and the next one, Paul, is eczema relief.

Dr. Paul: [07:32](#) That's the same situation with eczema because for diabetics it is a dry skin, itchy problem over your whole body. And sometimes it even gets a little scaly. But with the use of plasma energy, I've been able to eliminate the use of skin lotions to control the itch. And I use the eczema relief in a spray bottle and after a shower I spray myself with a light mist and just let it air dry. And I don't have any skin issues. In fact, it's been commented on by several people that my skin looks really good. And for a diabetic that's a big problem cause there are oftentimes skin issues.

- Lynn: [08:46](#) Okay. And then the next thing we have is eye formula and eye issues can be a big problem for diabetics. Right?
- Dr. Paul: [08:56](#) Oh that's very true. I was diagnosed with cataracts. I'm sure some of you have heard this story already, but I was diagnosed with cataracts three years ago. And with the use of the eye formula, my cataracts have reversed and I no longer have them. It's also been reported that some people have gotten relief from macular degeneration, stopped it and didn't, didn't go blind, which is a real benefit cause going blind, especially when you're older and have had sight all your life, that's a real problem. My son has had a condition with dry eye for quite a few years and he used this formula and he got over his dry eye. He was able to quit using the expensive eye drops that were prescription. And my wife Lynn has taken care of floaters.
- Lynn: [10:21](#) Well, I'd say they're reduced., The floaters that I had, I have a Lazy eye I've had since I was little, and so all the work is done by one eye. Well that eye is the one that gets all the floaters and the floaters had reached the size that they were more like swimmers and they had fins and tails and would swim across my vision. But what's happened now is that as cleared up. There'll be an occasional little black little gray dot that goes by that I hardly notice. And it isn't every day. So that's a real relief. When you utilize one eye all the time anyway for most of your vision that you're doing, whether it's reading or long distance site or whatever, it's, it's a real relief not to have the floaters as part of what you're dealing with. Then the next one that we have is detox.
- Dr. Paul: [11:32](#) Now the detox, I don't really have any dramatic testimony about that. I have used it and I didn't really notice any changes, but I think it's because I was not that toxic to start with because I've already been using plasma energy for three years and I didn't have that much to detox to get rid of from my body. I didn't have that many toxins in me, so I didn't notice a big difference with that. Now, some people will feel a little bad when they first use the detox. It's just because all those toxins are trying to escape at one time and it's overload. It's overload for their organs, trying to handle all of that poisonous debris.
- Lynn: [12:38](#) Well, another reason that the detox was included is that we had a report from one of the people that used our plasma energy that last August close to his 50th birthday he said he made a decision he was going to lose weight. And for a lot of diabetics, weight is an issue. Well, what he did, he already had the plasma energy station. He had clear mind, clean mouth and detox. He combined the waters of the station, clear mind, clean mouth

and detox and made that his drinking water every day, all day. He said he drank a lot of water. He ate two meals a day. He cut out the junk. He wasn't hungry. He was walking two miles a day. And, lucky for him he lives in a nice climate. And in March when he sent me an email telling me about this, he had already lost 70 pounds.

Lynn:

[13:56](#)

He ultimately lost over 80 pounds. And it wasn't a struggle. He didn't have headaches, he wasn't dizzy. He wasn't cranky, he wasn't feeling hungry. So when you have a combination of plasma energy that you can drink and balance your body, you're going to be able to skip the cravings that you used to have and bring everything back into a better balance. Now, can you get by on two meals a day. One of the things we're going to suggest is that you do your meals in a set time frame so that you end up with a 16 hour fast time that you're not eating food. So let's say you get up and you have a healthy breakfast, you're drinking your water all day, and then maybe around four in the afternoon you have what you would call your dinner meal and then you just drink water for the remainder of the day.

Lynn:

[15:05](#)

That's going to give your body an opportunity to do some detoxing. It's going to give it the opportunity to do some balancing because it doesn't have that constant influx of food, possibly junk food that's making your blood sugars go haywire and and making you crave more of the same food. If you do a lot of online research, you might start finding that there are some additives, especially to junk food that make you crave more of the junk food. So that's just a suggestion of a way that you might look at using the whole detox, clear mind, clean mouth and plasma energy station combination. And then Paul, the next one we have is healthy gut. And that's a very recent one that we have just completed. And um, before I go too far with this, I want you to talk about your blood pressure because that's a big issue for a lot of diabetics.

Dr. Paul:

[16:19](#)

Since I've been using the plasma energy, I have not made a real effort to actually get rid of high blood pressure medication, which I have been on for long time, you know, like 15 years or so. But I noticed that my blood pressure, cause I check it myself here at home, had gone lower and lower.. I started cutting back on the blood pressure medications and it still went lower and lower. So I totally eliminated the blood pressure medications. I was initially on three, three different ones, and then I went to two and then I was on one and then I totally eliminated that one. And that's been about six months that I have not had any blood pressure medications at all. And my blood pressure is 120, over 68 in, sometimes it's even lower than that, like 110,

over 65. So, and I don't take anything to control my blood pressure other than the plasma energy water. And I don't take it in any specific way. I just drank it for everything that I do use water for.

- Lynn: [18:19](#) Okay. So that's a really big deal because when you have high blood pressure and a lot of people get a little careless with this whole thing, what happens with that? Where's that gonna take you if you have it.
- Dr. Paul: [18:33](#) One of the things is severe kidney damage and that's what happened to me was I had lost both kidneys (function) and I had to get a kidney transplant due to high blood pressure. And now it's, it's not a problem because of balance in my system due to the plasma energy water that I drink all the time.
- Lynn: [19:11](#) Okay. And so healthy gut is just one more thing that we have in the mix and here's what the combination of things that are in healthy gut with celery juice, plasma is gas in atomic nano solid state. I'm going to say something about the celery here. When we made this celery Gans, I went and bought a whole bunch of celery, a group with about 15 sticks of celery in it and it was organic. I made a special effort to get organic and that was \$8 just for one package of organic celery. Now, if you're going to juice this celery as is recommended and drink a eight ounce glass every day, you're going to be spending at least \$8 a day for celery. Plus you gotta get a juicer and go through all the hassle of juicing it. And you may not get it eight ounces out of that package cause there's not that much liquid in the celery. It's mostly pulp anyway. If you go that route, you're going to be spending like \$240 a month. If you drink one a day, \$240 a month to supply yourself with celery juice. So,, you know, an alternative to that is the vial that has the celery juice Gans water in it too. Charge your water that you drank with plasmatic field of the celery Gans.
- Lynn: [21:32](#) Okay. And some of the other things that are, in there, there's quite a bit in healthy gut. And what it does is it's relieving digestive disorders. It's going to provide the brain with support, it's going to help balance blood sugars, blood pressure, weight and adrenal function. These are the ingredients that make up the Gans of the healthy gut slash celery vial that we have. It assists health in people with a wide range of chronic illnesses such as diabetes and thyroid disorders, eye problems, Lyme disease, eczema, addictions and brain fog. So there's another reason for adding the healthy gut celery vile to, your group here. And then the next one we have on here is pain relief. Are there any issues with pain with diabetics?

Dr. Paul: [22:43](#) There is for me. I used to have pain from arthritis, but I don't anymore. I, have used the plasma water and I don't have that problem anymore. So the, the thing about having diabetes is everything is out of whack. Your whole system is out of balance. The blood vessels get compromised and you get a low a blood supply to certain areas of your body, to your brain and your eyes. And your hearing and your extremities. And so everything gets out of kilter and you're bound to have pain just because everything's out of balance and having a vial of pain relief just makes good sense. It's something that most of us would welcome when we're hurting.

Lynn: [24:07](#) Well, and one of the things I forgot to bring to the table to show you is that Paul is completely minimized how he deals with pain in his knees. He used to wear three round vinyl tubing rings that he put on his over his knee and calf every day. But then he had to take them off at night. So he was without, that energy assisting him while he slept. And he decided one day to see what happened when he took bandaids--fabric, bandaids-- just little fabric, bandaids and sprayed or used a dropper, about seven drops of pain relief on them and let them dry thoroughly. Then they'r applied in an "X" shape on one side and a single on the other side. Well, show on my arm. How you would do it if this was your knee.

Dr. Paul: [25:04](#) Well if this is my knee right here at this wrist on one side you would put an X or that you've got a double thickness of the pad with the Gans water on one side and just a single thickness on the other side so that you get a gradient of difference of intensity of the plasmatic field across the sore knee. And as the fields flow across here, it will balance the energy between the two sides and in the process give relief from pain. And if it's not hurting, why is that? Well, I think it's because you're building some new tissues in there and we'll see as time goes by. But with the experiments I'm doing on myself, I'll check here in six or eight months and see if I can get by without any of these bandaids on. And if I can, then I'll know that there's been some reconstructive bone and cartilage refiguring going on in my knees and I'm going to give that a serious try and I'll let you know what happened.

Lynn: [26:54](#) Well and one thing I'll mention real quickly that really surprised me. Several years ago, I made some small pads that I wore,, I've worn support hose for years because of varicose veins and These pads were this size on one side and then a smaller one on the other side of my leg and it was at the top of my calf. Well, I happened to decide one day I was just going to take some of his bandaids and try them. And I've done this for probably three or

four weeks and I just got to look in the other day at my leg. And I see that, the swelling has gone down on the vein that has always been swollen, and on another vein that that had been swollen and a lower leg vein that was not as pronounced but was still swollen, I was really surprised. So I keep wearing the bandaids. It's my new fashion accessory as well as a necessity.

Dr. Paul: [28:03](#) But that's something I could really notice too, because, as long as I've known Lynn she's had those veins in her lower legs sticking out. And, I noticed yesterday or the day before that it's gone. It's not bulging out anymore. And you can't even see the vein there like you used to be able to. So that's a real improvement.

Lynn: [28:35](#) Well, and, and the pain relief is addressing inflammation relief. So it, whether it's inflammation in joints or tissues or veins or whatever. Our very last one that we're including in here is parasite relief. And we choose to think that we just don't have parasites. Well, is that true? Paul? You worked with animals and they all had parasites. So how is it that people wouldn't have parasites?

Dr. Paul: [29:09](#) People do have parasites. And we have 'em in places that you wouldn't even think of. You know, we have them in our liver and our intestinal tract. We even have them in our eyes. Some people do, and in our eyebrows up here in our skin. When you're diabetic, these parasites are exactly that. They're parasites and they take advantage of a situation where a person is weak or they have poor blood flow and those parasites take advantage of a weakened condition and proliferate.