

Dr. Paul: [00:00](#) Oh here we go and we'll start. Section 2 questions and answers.

Dr. Paul: [00:05](#) Thank you so much. Oh okay. I think you mentioned you had some kind of question about cataracts.

guest: [00:13](#) Yes I uh. My eyes is getting worse so I went to see my doctor and. They told me that I have a little cloud in my lens behind my eyeball and that comes with age obviously. And the only way to get rid of that is change the lens through surgery. And of course I'm always looking for alternative way to improve rather than somebody cutting into anything. So then I saw your tape. You're using a cataract with oil. And so at that will you also say you have to use for. No no. You use it. And then after four or five month you notice the change. So I wanted to ask you there what kind of oil do you use. And do I have a pain when I put that in there and you say you would do it twice a day morning and night. So I got that clearly. But I wanted to know which oil is the best to use.

Dr. Paul: [01:38](#) what we are using now is castor oil and It doesn't burn. We were using all that oil and we had some olive oil that didn't burn. It was Bertolli extra light virgin olive oil and that that worked fine but some of the olive oils. Have a peppery feel to them and they burn a little bit when you put it in your eyes. So we quit using olive oil and we use castor oil. And I use it and it doesn't burn my eyes at all when I put it in. Now I had a diagnosis of cataracts and now I don't have them at all. They're gone. So I did not have surgery I just used the eyedrops and got rid of those cataracts and now I can see. As well as I could before.

guest: [02:39](#) What's the gestation from the time they start. Once you're diagnosed and you self treat. To where you go back in and they say all clear.

Dr. Paul: [02:51](#) Well for me it took about four months of putting the drops in before I noticed any change at all. And I started noticing it a little bit when I was reading. And because I had to have reading glasses to read. And I noticed that I was able to. Read. Although still a little blurry. But without reading glasses. After about four months. And so. After about six months. I could read better and it wasn't blurry. And it took about. Oh probably a year. Of constant treatment two or three times a day. Before I got what I think is complete resolution I have not been back to the doctor to have them tell me that my cataracts are all gone. I know they're gone because I see and I don't need a doctor to tell me they're gone. I know they're gone because I could see. And I used to do surgery. Cataract surgery on animals and remove

those lenses. Just like you were talking about. I know when I have cataracts or when I don't have cataracts.

guest: [04:31](#) So what I'm looking forward to because even though I have my prescription glasses and reading glasses it's just getting worse and worse. It's like I have to clean my lens all the time. And I think this My eyes are changing. So. I wanted to really try that and I will get back with you within six months.

guest: [04:55](#) Good. That way we could continue results. I also because.

guest: [05:02](#) It's got to improve. She said Oh again strange guys thinking it's me.

Lynn: [05:05](#) No. Well you know our son has dry eye. And they have some pretty expensive drops that give relief for that. But when he started using these drops he's going this is the best I've ever found. And. I have. Also had two floaters. I had bigger floaters that had. Fins and tails as they swam across. And my my vision and now I have an occasional. Dark spot but it's it's so. Changed that I barely notice it if I stop and think about it. Oh yeah. There was a little bit of a dark spot there but it isn't that defined. It's more like just a gray and it's gone. And. So that's that's been a good good thing in. My world. So. I do get questions from people why can't I just use the water. Instead of doing that. I am. I think you you really address that. Well. The last time I was answering that question.

Lynn: [06:18](#) Why do we use the oil instead of just water.

Dr. Paul: [06:21](#) Well the oil. Sits on the eye much longer than just the water. If you if you just used the water your tears will automatically wash the eye and wash just the water out right away. I mean it won't be in there 10 minutes maybe. But with the oil it stays in much longer and it pulls up down in. Your lower eyelids and each time you blink you get a little oil that comes back up over the eye and so your time under the influence of the plasmatic field that's in the oil is much longer than it is if you just used the plain water. That makes sense.

Dr. Paul: [07:18](#) I'm interested too because. I have some. On my left eye which is the naked eye the other eye looking through night vision. Infrared. Aiming devices at night many times in the water on the leaves and trees and it will go right straight back and I have a couple little foggy places here. In my left eye. So I'm interested to see what it's going to do. From those weapons laser refractions.

guest: [07:59](#) And you can clear those. So Paul I noticed that you have a pyramid behind you and you have gans water sitting there. So are you energizing and more. What are you doing it.

Dr. Paul: [08:17](#) Those are waters that I drink and I just leave them set there and when I walk by I'd take one and take a swig and just set it back there so it sits right there in the torsion field. I see you're.

Lynn: [08:33](#) OK. You also put everything that you're making now it will sit in here overnight..

Dr. Paul: [08:42](#) All the vials that we make we set them in there overnight and it implants the proper torsion field within them and so. We use it to strengthen and reinforce the. Torsion Fields of all of this. The things that we make and send out to people.

guest: [09:12](#) And also you're a master of water. You know the my plasma energy is the main one. So I have the kit and I've been adding water like I've seen in the video. And so I have water and I have shared that but I'm also interested in purchasing some other stuff that you have. Come up with. So when I buy that do I keep on adding them little vial to my master.

Dr. Paul: [09:44](#) You can. You can do that. Yes. Or you could. Just take them and say this is a mason jar full of water you can just drop the vial in there and drink the water. And when it gets down fill it back up again and just continue to drink it you can do it either way.

guest: [10:07](#) Oh so I did that with my pain reliever OK separate jar because I work out in like my muscle aches and all that stuff so I'm making a lot of water so other day last week all of sudden when I woke up my back was so compressed inflamed I have no idea what caused it. It just happened. And I was walking bent and he was worried how I was going to do next day and then I remember oh my plasma patch. So I had it made after I saw how limited it is. So I got that I slept on it. I put one on my back one on my tummy and slept. And when I woke up I for got about it other than when I turned I felt just a little hint of Oh I did have a back ache. So I knew that worked so well and I was so pleased I made a whole bunch of them for my friends my old friends that they have a hard time moving and so I wanted to thank you for that that I put it in a separate container and I went out as I witnessed that she wa bent walking. It was that bad. Very bad. She was in a really bad pain. And the next morning she was in the mountains at 5am working out. So. I was quite amazed myself.

Lynn: [11:43](#) And the reason I tell people to put it in a separate jar is exactly what you said. Because you have what I would call that mother sourcee. And so with that you're able to make the patches and everything else. But if you want to add it to your station just get another vial or take a patch and put it on station and you can have it both ways. You can have your cake and eat it too.

guest: [12:09](#) But how long when you drop it in the mason jar How long does it take to charge that jar? Overnight.

guest: [12:16](#) That's OK.

Lynn: [12:17](#) And you're doing it right there overnight the first time and then you know if you're just adding water to it. Like. I don't know what all you have in here but there's three of them in here so you know this has got to be some super duper thing. But now the water is right to here. So if it gets right say about halfway and you add water to it. How long does it take to change the water that you can go ahead and use it but two hours. OK.

guest: [12:45](#) Because I usually leave it overnight right before I go to bed. I start filling my water jars right. In the morning I just get ordered to fill. Yes well and that's what I do is I just refill things at night and I'm not guessing as it into hours or whatever. Yeah. So yes I would. So I'm really excited. I'm glad I get to speak with you and I'm excited to share some with friends and families and and let them see you get better.

Lynn: [13:21](#) You know you you know take your pain also and put it in a spray bottle. Yes. Because. In in the instance where you're looking for something that's going to help right away you can just spray it right on there and then still use the patch. We were at the ice cream shop the other night night I was talking to the owner and said well how are you doing with your summer staff and she said well. I have a really good staff but I can't work them that long because their arms get sore.

Lynn: [13:55](#) From Scoop on their ice cream ice cream. And she said you know when I tried to scoop with the other hand it does not work. I'm chasing her. And so I took her some of the pain a pain bile in a spray bottle and I said look you spray this on your arm. And I saw her a couple days later and said well so how did it work. She said you know actually I did that the other night sprayed it. And what happens is the pain quits and you kind of forget about it. And then it was like oh yeah my arm hurt but it doesn't hurt anymore.

guest: [14:28](#) That's the same thing with my back when I woke up in the morning I just went about my business until then click and that. Oh yeah. Oh my gosh. Remember I was yelling at you here I'm better. You know what. It's just look silly. Because we're so conditioned to using. Medications you know the way we are taught to use. So when you spray in the paper towel and put it in there and it seems silly but it does work.

guest: [15:04](#) That's the average per year. They just think this is silly. But until you experience it. Yeah. And I watched it. I mean this thing with her back actually I was very very concerned because. She had some experiences when she was young and they diagnosed her with compressed is the lower the lower part of the bag. I mean she is very very strong except that's the one weakness. And she was walking that over. And. Just. Good she. Could not sit down. I mean it was excruciating pain and not just a little bit of pain. And the next morning 5:00 a.m. she was in the mountains I couldn't believe it. But I do want to mention one thing. I do give things. Every time I drink my water or spray my face. And it's a good habit. Anyway she does. Well why not have a gratitude hike. But I think that also helps because it puts you in the right state of mind and. Helps with all the energy to so I'm always. Thankful for good water for health and well-being. And you know like you mentioned it in your long time ago a video. I have a good intent. That I never forgotten.

Dr. Paul: [16:28](#) One of gratitude and intention is very important.

Lynn: [16:32](#) Down. Well I know you do use the tension with everything you're making. Yeah. And it's it's it's not just being done by rote. And I remember at one point in the workshops that we were studying where they had set up a large facility for making more gans and the realization hit that with the people that were doing it were. Being somewhat wrote about it and not putting intention with it. And it was having an effect on the quality. So the intention is very important. To me it's almost like a living thing. And. Like you say you're you're thanking the writer for the gifts that it gives. And when you're dealing with things like inflammation or pain sometimes if I'm sitting and working on documents or something I'll just spray my pant leg and let that be the wrap. You know if I can roll the pant leg up spray my leg then roll it down and spray the pant leg and and let that be what's holding it there.

Dr. Paul: [17:41](#) Another thing about intention is that. I look at his intention as one of the ingredients that goes into each and every formula. And without that special ingredient of intention. It's the catalyst that makes everything else work together. And without that

intention. Ingredient into your formula. It's not going to work nearly as well. So we put that into everything that we make or do..

guest:

[18:17](#)

Well I think people too are finally. Even though it seems like the world's biggest mess in the industry is turmoil. I think that the realization even amidst that all is that. Everything is spiritual. It can be good or it can be bad but it's spiritual. And so that intent plays a huge, huge part. And we were given the ability to heal. And. In eighth grade they wanted to cut my lung out which would have been pretty devastating for the rest of my life. And then as a kid. Like my lung had collapsed I had terrible respiratory and we may talk more about that too. But I had terrible respiratory problems and I developed a way of sounding like I was breathing deep but I was breathing shallow so they could hear the wheezing so I could go hunting or fishing with my grandfather. Otherwise they would let me go. It was sound like a freight train wheezing so I could fake it. Well that shallow breathing collapsed that one according to my physiann. And quite a physician who had nine children and he was devout. And so. I wound up in the hospital. I just pushed it too far on this shallow breathing. And it was collapsed and so. They wanted me to spend a week so they could build the strength to do the surgery. So that probably tells you as the doctors in pretty bad shape that it rehabilitate me before they came to the surgery. And in my kid's mind. I thought well if this balloon is collapsed. I'm not having this cut out so back then I'm dating myself. They had the iron hospital bed with the main 2 inch tube and the little straight rods going down. So I just took my ankles in that and I hung upside down and I deep breathed. seven eight 10 times a day as hard as I could because in my little boy's mind. I was going to blow that lung back up just like ball in a balloon. So anyway they came in to get me for surgery. Long story short then in my mind I could see it was happening. And the doctors while they tried to wheel me out to give me the sedative and get prepare me for surgery and I was kicking and biting anything that came close. And so the doctor shows up says OK OK let me handle this. He sits down on the bed. This is what's deal. And I said I don't need surgery I'm fine. I can breathe in full deep breaths see and I did it. He listend to me. Then he said take him down for one more X-ray before surgery.

guest:

[21:12](#)

Came walking back in. He says you're going home today however there we'll be kicking him by him you're going to get this gamma globulin shot no matter what. And this world war 2 nurse that had muscle in her ear lobes. Flips me with one arm and hits me in the air in the cheek with this gigantic gamma globulin shot. You know Doc what I'm saying you can't sit out

for a week. And I went home and he wrote in my chart, miracle. That's honest to God's truth of it. Yeah. And it was interesting I mean he believed that.

guest: [21:48](#) That's the power of intention and of course that that's why I shared that. And that's and that's still with my medical chart today.

Dr. Paul: [22:06](#) Thank you for watching. We appreciate it. And if you liked what you've heard give us the thumbs up and share this with your friends. If you have questions. Leave a comment or question down below this video and we'll try and answer all questions in later videos. Thank you. How about our Web site. Our Web site. Is plasma energy solution. Dot com. Go there and look things over. There's lots and lots of information on that Web site.